



Updated 2011

CALL 1-310-352-3600 FOR ASSISTANCE  
**BRAKE CABLE REPLACEMENT INSTRUCTIONS**

FOR 4010/4202/4202C/4203/4204/4207/4208/4212/4214/4215/4216/4218/4220/4222/4224/4700/4900

REPLACING THE BRAKE CABLE (WHEN CABLE IS BROKEN INSIDE OF BRAKE HANDLE). GENERALLY THE BRAKE HANDLE IS ALREADY SEPERATED FROM THE BRAKE CASING SO THE FIRST OBJECTIVE IS TO REMOVE THE DAMAGED CABLE.

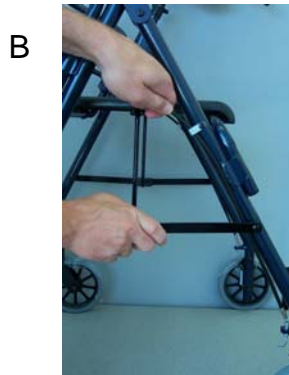
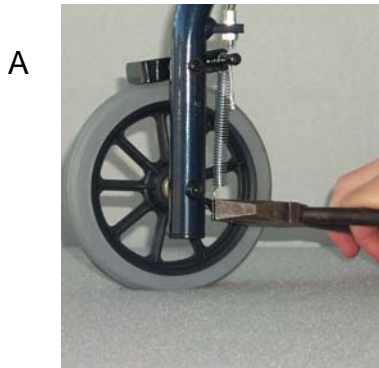
**STEP 1(4010/4202C/4203)** - USE A PHILLIPS HEAD SCREW DRIVER TO RELEASE THE SCREW ON THE SIDE OF THE "L" SHAPED BRAKE SHOE.  
*(DO NOT REMOVE THE SCREW FROM SHOE)*



**STEP 1(4202/4207/4208/4212/4214/4215/4216/4700)** - USE A SMALL ALLEN WRENCH TO RELEASE THE SCREW ON THE SIDE OF THE BRAKE SHOE.  
*(DO NOT REMOVE THE SCREW FROM THE SHOE)*



**STEP 2 (4010/4202C/4203)** – A) REMOVE THE SPRING HOOK FROM THE HOLE IN THE WALKER FRAME. B) PULL UPWARD ON THE CABLE TO RELEASE THE CABLE FROM THE BRAKE SHOE.



**STEP 2 (4202/4207/4208/4212/4214/4215/4216/4700)** - PUSH THE END OF THE CABLE SO IT IS STRAIGHT AND PULL UPWARD ON THE CABLE UNTIL IT IS RELEASED FROM THE BRAKE SHOE.



**STEP 3** – PULL THE BRAKE HAND PIECE FROM THE BRAKE CASING UNTIL THE HANDLE IS SEPERATED FROM THE CABLE.



**STEP 4** - REMOVE THE PROTECTIVE PLASTIC CAP FROM THE FRONT OF THE BRAKE CASING.



**STEP 5** – REMOVE THE CABLE. REACH INTO THE CASING AND GRAB THE CABLE WITH THE PLIERS. PUSH THE CABLE OUT THE FRONT OF THE BRAKE CASING.



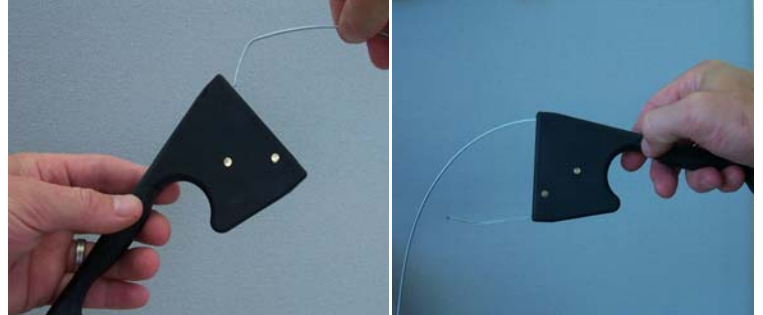
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**STEP 6** – STRING THE END OF THE CABLE THROUGH THE FRONT OF THE BRAKE CASING. PUSH THE CABLE UNTIL THE HEAD OF THE CABLE IS FULLY INSIDE OF THE BRAKE CASING. REPLACE THE PLASTIC CAP.



**STEP 7** - GRAB THE CABLE APPROXIMATELY 1" FROM THE END AND MAKE A SLIGHT BEND. HOLD THE BRAKE HANDLE IN ONE HAND AND THREAD THE CABLE OVER THE LARGE CENTER WHEEL AND UNDER THE SMALL LOWER WHEEL



**STEP 8** - THREAD THE CABLE THROUGH THE LOWER OPENING IN THE BRAKE CASING, OUT THE TENSION ADJUSTMENT SCREW AND THROUGH THE CABLE COVER.



**STEP 9** - PULL THE CABLE UNTIL THE BRAKE HANDLE FITS BACK INTO THE BRAKE CASING.



**STEP 10** - THE CABLE COVER SHOULD BE THREADED THROUGH THE WHITE CABLE GUIDE (ON THE SIDE OF THE WALKER LEG) AND INSIDE OF THE BLACK CROSS BRACE BAR.



**STEP 11** – THREAD THE END OF THE CABLE THROUGH THE BOTTOM TENSION ADJUSTMENT SCREW AND THEN THROUGH THE HOLE IN THE BRAKE SHOE.



**STEP 12** – SCREW IN THE UPPER TENSION ADJUSTMENT SCREW AND NUT SO THAT NO SCREW THREADS ARE SHOWING.



**STEP 13** - PLACE THE BRAKE HANDLE IN THE LOCKED

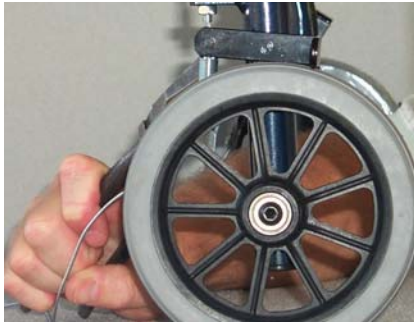


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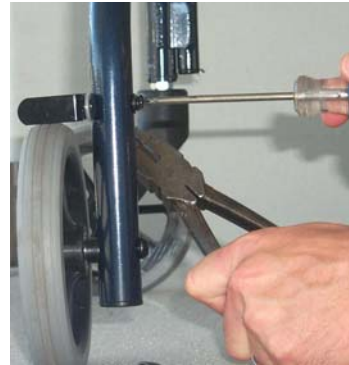
**STEP 14 (4010/4202C/4203)** – USE PLIERS TO PULL DOWN ON THE CABLE AND PUSH DOWN ON THE BRAKE SHOE UNTIL IT TOUCHES THE WHEEL.

**STEP 14 - (4202/4207/4208/4212/4214/4215/4216/4700)** PULL DOWN ON THE CABLE TO REMOVE ALL OF THE SLACK.



**STEP 15** – CONTINUE PULLING DOWN ON THE CABLE WHILE TIGHTENING THE SCREW HEAD AGAINST THE CABLE.

**STEP 15 – (4202/4207/4208/4212/4214/4215/4216/4700)** CONTINUE PULLING DOWN ON THE CABLE AND TIGHTEN THE ALLEN SCREW HEAD AGAINST THE CABLE.



**STEP 16** – RE-ATTACH THE BRAKE SPRING TO THE WALKER FRAME



**STEP 17** – RELEASE THE HAND BRAKE FROM THE LOCKED POSITION AND UNSCREW THE TENSION ADJUSTMENT SCREW UNTIL THE DESIRED TENSION IS ACHIEVED. ***THE BRAKE SHOULD STOP THE WHEEL WHEN THE HANDLE IS IN THE LOCKED POSITION.***



**STEP 18** – SCREW THE LOCKING NUT AGAINST THE BRAKE CASING TO SECURE YOUR DESIRED BRAKE ADJUSTMENT.



**STEP 19** – CUT THE BRAKE CABLE APPROXIMATELY 1" BELOW THE BRAKE SHOE



**STEP 20** – REPLACE THE CRIMP ON THE END OF THE CABLE AND SQUEEZE THE THIN END OF THE CRIMP TO ATTACH IT.



## BRAKE CABLE REPLACEMENT INSTRUCTIONS FOR 4300 "EXPLORER"

**STEP 1** – REMOVE THE WHEEL BY UN-SCREWING THE AXLE SCREW WITH AN ALLEN WRENCH AND PLIERS. (IT MAY HELP TO REMOVE BOTH WHEELS TO ALLOW THE WALKER TO BE MORE STABLE DURING THE REPAIR)

**STEP 2** – PULL THE BRAKE SHOE OUT OF THE LEG BY TURNING IT FROM SIDE TO SIDE AND APPLYING DOWNWARD PRESSURE.

**STEP 3** – PULL THE BRAKE SHOE AND DAMAGED CABLE OUT OF THE CABLE COVER AND WALKER FRAME.



**STEP 4** – FOLLOW STEPS 3-7 ON PAGES 1 & 2

**STEP 5** – THREAD THE CABLE THROUGH THE CABLE COVER THEN THREAD BOTH THROUGH THE WALKER LEG

**STEP 6** – PUSH THE PLUNGER DOWN AND TURN THE BRAKE SHOE SO IT IS ABLE TO STAY IN THE DOWN POSITION.



**STEP 7** – BEND THE END OF THE CABLE TO ALLOW IT TO EXIT THE BOTTOM OF THE BRAKE PLUNGER ON THE SIDE OF THE BRAKE SHOE. TURN THE BRAKE SHOE SO IT GOES BACK INTO THE UP POSITION. (BE SURE THE CABLE EXITS THROUGH THE CUT OUT ON THE BRAKE PLUNGER AND ABOVE BRAKE SHOE.)



**STEP 8** - PULL THE CABLE UNTIL THE BRAKE HANDLE FITS BACK INTO THE BRAKE CASING.

**STEP 9** – PUSH THE BRAKE PLUNGER BACK INTO THE WALKER LEG AND REPLACE THE WHEELS ON THE WALKER.

**STEP 10** – FOLLOW STEPS 12-13 FROM PAGE 2

**STEP 11** – THREAD THE BARREL SCREW ONTO THE CABLE. PUSH DOWN ON THE BRAKE SHOE AND PLACE THE BARREL SCREW AGAINST THE BRAKE PLUNGER. CONTINUE DOWNWARD PRESSURE ON THE BRAKE SHOE AND PULL THE END OF THE CABLE TO ELIMINATE SLACK.



**STEP 12** – TIGHTEN BARREL HEAD SCREW TO SECURE CABLE IN PLACE



**STEP 13** – REPEAT STEPS 17-20 FROM PAGE 3